Updated 1/27/2021

| Sport | IDPH Risk | Practices Start | Practice Dates Before Games | State Series | End Date |
|--------------------------|--------------|--------------------|--------------------------------|----------------------|--------------------|
| Boys/Girls Basketball | Higher | ASAP | 7 dates | No State Series | March 13 |
| Boys Swimming & Diving | Lower | ASAP | 7 dates | No State Series | March 13 |
| Dance | Lower | ASAP | 7 dates | Virtual (2/27 & 3/6) | March 13 |
| Cheerleading | Lower | ASAP | 7 dates | Virtual (3/6 & 3/12) | March 13 |
| Boys/Girls Bowling | Lower | ASAP | 7 dates | No State Series | March 13 |
| Girls Gymnastics | Lower | ASAP | 7 dates | No State Series | March 13 |
| Badminton | Lower | ASAP | 7 dates | TBD | April 3 |
| Boys Soccer | Moderate | March 1 | 7 dates | No State Series | April 17 |
| Football | Higher | March 3 | 1st Game March 19 | No State Series | April 24 |
| Girls Volleyball | Moderate | March 8 | 7 dates | No State Series | April 24 |
| Boys Gymnastics | Lower | March 15 | 7 dates | TBD | May 22 |
| Boys/Girls Water Polo | Moderate | March 15 | 7 dates | TBD | May 29 |
| Baseball | Lower | April 5 | 7 dates | TBD | June 19 |
| Boys/Girls Lacrosse | Higher | April 5 | 7 dates | TBD | June 19 |
| Girls Soccer | Moderate | April 5 | 7 dates | TBD | June 19 |
| Softball | Lower | April 5 | 7 dates | TBD | June 19 |
| Boys Tennis | Lower | April 5 | 7 dates | TBD | June 19 |
| Boys/Girls Track & Field | Lower | April 5 | 7 dates | TBD | June 19 |
| Boys Volleyball | Moderate | April 5 | 7 dates | TBD | June 19 |
| Wrestling | Higher | April 19 | 7 dates | No State Series | June 12 |