

FAMILY AND CONSUMER SCIENCES

COURSE	CREDIT	OPEN TO	PREREQUISITE
Clothing	0.5	9-12	None
Child Development	0.5	10-12	None
Food and Nutrition	0.5	11-12	None

<p>CLOTHING</p> <p>Prerequisite: None Open to: Grades 9-12 Length: 1 semester Credits: 0.5</p> <p>Course Number: FC1000</p>	<p>In Clothing, students will investigate the basics of fashion, design and sewing techniques. Fashion studies include an overview of the historical influence on current clothing styles; the effect of the principles of design on personal appearance, and the impact of the global fashion industry on personal clothing choices. Emphasis will be placed on the basic machine and hand sewing skills necessary to design and complete required fashion construction projects.</p>
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<p>CHILD DEVELOPMENT</p> <p>Prerequisite: None Open to: Grades 10-12 Length: 1 semester Credits: 0.5</p> <p>Course Number: FC2200</p>	<p>In Child Development, students will investigate current issues affecting children and families including conception, pregnancy, prenatal development and the birth of a child. An in-depth evaluation of a child's physical, social, emotional and intellectual development is conducted from birth through the preschool years. Students enrolled in this course will have the opportunity to participate in the Empathy Belly and Baby Think It Over simulation experiences.</p>
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<p>FOOD AND NUTRITION</p> <p>Prerequisite: None Open to: Grades 11-12 Length: 1 semester Credits: 0.5</p> <p>Course Number: FC2100</p>	<p>In Food and Nutrition, students will learn the foundations of healthful eating and nutrition. This knowledge will be incorporated into the preparation of a variety of recipes that fit within the guidelines of MyPlate.gov. Recipes will include a variety of fruits, vegetables, whole grains and healthy proteins. This course will also emphasize proper sanitation, food preparation skills, including knife skills and safety and will prepare students to make healthy food choices in their daily lives.</p>
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