

MHS Health Requirements – 9th Grade

1. A fully completed and signed school physical on the State of Illinois Certificate of Child Health form which includes the current and complete immunization record is to be turned in to the nurse's office no later than the first day of school. An appointment card or fax from the doctor's office confirming an upcoming appointment **after** the start of school will be accepted (fax # 847-388-4803). Please remember to fill out the history portion of the physical including your signature. It is highly recommended you keep a copy of all school health forms at home for your records as well.
2. A sports physical cannot be accepted for the 9th grade state health requirements, but the State of Illinois Certificate of Child Health form does fully suffice for interscholastic sport participation.
3. If the nursing office does not receive a completed physical and vaccination record **by the third Wednesday of September -9/21/2016**, your student will be excluded from school until the required forms are turned in.
4. The two newest state immunization requirements for 9th grade are:
 - A *second* mumps, measles and rubella (MMR),
 - A *second* chicken pox vaccine (VARICELLA).
5. Please use the following ways to communicate to the school nurse if your student has a health concern, such as a severe allergy, diabetes, a seizure disorder, asthma or any other -
 - Health history portion of the school physical form
 - Student school registration will include a confidential health information section for the school nurse
 - Emergency Action Plans are found on the MHS website under Parent – “Ask the MHS Nurse” – please use these forms for the safety of your student
 - Call the school nurse by phone at 847-949-2200, extension 1395, or email at jswanston@d120.org
6. Eye Examination – It is highly *recommended* that each incoming 9th grader have an eye exam. The eye exam form is available on the Mundelein High School website, www.d120.org.
7. Students are not to carry medication with them **except** for rescue medications such as diabetic supplies or epinephrine and rescue inhalers. These and all medications must have a Medication Authorization form filled out and signed by the parent and the physician, Physician's Assistant or Advanced Practice Nurse.
8. If your student is not feeling well and feels the need to go home, they must come to the nursing office for a health assessment. At that time a parent or Guardian will be contacted if necessary. If your student sends you a text indicating they don't feel well, please redirect him or her to ask the teacher for a pass to the nurse. Following this procedure promotes safety and less confusion.

Health Office Staff:

Jan Swanston RN and Susan Lange RN