

Mundelein High School

October 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2 Strawberry Yogurt Parfait Fresh Fruit Salad Pancake Bites with Syrup (K-8)	3 Oatmeal Strawberry Yogurt Parfait Fresh Fruit Salad	4 Strawberry Yogurt Parfait Fresh Fruit Salad Pork Sausage, Egg & Cheese Bagel	5 Strawberry Yogurt Parfait Fresh Fruit Salad Oatmeal	6 Strawberry Yogurt Parfait Fresh Fruit Salad Egg & Cheese Biscuit
9 Strawberry Yogurt Parfait Fresh Fruit Salad Pancake Bites with Syrup (K-8)	10 Oatmeal Strawberry Yogurt Parfait Fresh Fruit Salad	11 Strawberry Yogurt Parfait Fresh Fruit Salad Pork Sausage, Egg & Cheese Bagel	12 Strawberry Yogurt Parfait Fresh Fruit Salad Oatmeal	13 Strawberry Yogurt Parfait Fresh Fruit Salad Egg & Cheese Biscuit
16 Strawberry Yogurt Parfait Fresh Fruit Salad Pancake Bites with Syrup (K-8)	17 Oatmeal Strawberry Yogurt Parfait Fresh Fruit Salad	18 Pork Sausage, Egg & Cheese Bagel Strawberry Yogurt Parfait Fresh Fruit Salad	19 Oatmeal Strawberry Yogurt Parfait Fresh Fruit Salad	20 Strawberry Yogurt Parfait Fresh Fruit Salad Egg & Cheese Biscuit
23 Strawberry Yogurt Parfait Fresh Fruit Salad Pancake Bites with Syrup (K-8)	24 Oatmeal Strawberry Yogurt Parfait Fresh Fruit Salad	25 Pork Sausage, Egg & Cheese Bagel Strawberry Yogurt Parfait Fresh Fruit Salad	26 Oatmeal Strawberry Yogurt Parfait Fresh Fruit Salad	27 Strawberry Yogurt Parfait Fresh Fruit Salad Egg & Cheese Biscuit
30 Breakfast Sausage Burrito Strawberry Yogurt Parfait Fresh Fruit Salad Pancake Bites with Syrup (K-8)	31 Oatmeal Strawberry Yogurt Parfait Fresh Fruit Salad			