

Mundelein High School

October 2025

Monday

Tuesday

Wednesday

Thursday

Friday

		1 Strawberry Yogurt Parfait 🍓 Pork Sausage, Egg & Cheese Bagel 🍞 Blueberry Yogurt Parfait 🍓 Mixed Fruit Cup	2 Strawberry Yogurt Parfait 🍓 Oatmeal Blueberry Yogurt Parfait 🍓 Mixed Fruit Cup	3 Strawberry Yogurt Parfait 🍓 Egg & Cheese Bagel 🍞 Blueberry Yogurt Parfait 🍓 Mixed Fruit Cup
6 Strawberry Yogurt Parfait 🍓 Homemade French Toast Blueberry Yogurt Parfait 🍓 Mixed Fruit Cup	7 Strawberry Yogurt Parfait 🍓 Oatmeal Blueberry Yogurt Parfait 🍓 Mixed Fruit Cup	8 Strawberry Yogurt Parfait 🍓 Pork Sausage, Egg & Cheese Bagel 🍞 Blueberry Yogurt Parfait 🍓 Mixed Fruit Cup	9 Strawberry Yogurt Parfait 🍓 Oatmeal Blueberry Yogurt Parfait 🍓 Mixed Fruit Cup	10 Strawberry Yogurt Parfait 🍓 Egg & Cheese Biscuit Blueberry Yogurt Parfait 🍓 Mixed Fruit Cup
13 Strawberry Yogurt Parfait 🍓 Homemade French Toast Blueberry Yogurt Parfait 🍓 Mixed Fruit Cup	14 Strawberry Yogurt Parfait 🍓 Oatmeal Blueberry Yogurt Parfait 🍓 Mixed Fruit Cup	15 Pork Sausage, Egg & Cheese Bagel 🍞 Strawberry Yogurt Parfait 🍓 Blueberry Yogurt Parfait 🍓 Mixed Fruit Cup	16 Strawberry Yogurt Parfait 🍓 Oatmeal Blueberry Yogurt Parfait 🍓 Mixed Fruit Cup	17 Strawberry Yogurt Parfait 🍓 Egg & Cheese Biscuit Blueberry Yogurt Parfait 🍓 Mixed Fruit Cup
20 Strawberry Yogurt Parfait 🍓 Homemade French Toast Blueberry Yogurt Parfait 🍓 Mixed Fruit Cup	21 Strawberry Yogurt Parfait 🍓 Oatmeal Blueberry Yogurt Parfait 🍓 Mixed Fruit Cup	22 Strawberry Yogurt Parfait 🍓 Pork Sausage, Egg & Cheese Bagel 🍞 Blueberry Yogurt Parfait 🍓 Mixed Fruit Cup	23 Strawberry Yogurt Parfait 🍓 Oatmeal Blueberry Yogurt Parfait 🍓 Mixed Fruit Cup	24 Strawberry Yogurt Parfait 🍓 Egg & Cheese Biscuit Blueberry Yogurt Parfait 🍓 Mixed Fruit Cup
27 Strawberry Yogurt Parfait 🍓 Homemade French Toast Blueberry Yogurt Parfait 🍓 Mixed Fruit Cup	28	29	30	31