

Mundelein High School

September 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 Strawberry Yogurt Parfait 🥗 Homemade French Toast 🥞 Blueberry Yogurt Parfait 🥗 Mixed Fruit Cup	2 Strawberry Yogurt Parfait 🥗 Oatmeal Blueberry Yogurt Parfait 🥗 Mixed Fruit Cup	3 Strawberry Yogurt Parfait 🥗 Pork Sausage, Egg & Cheese Bagel 🥯 Blueberry Yogurt Parfait 🥗 Mixed Fruit Cup	4 Strawberry Yogurt Parfait 🥗 Oatmeal Blueberry Yogurt Parfait 🥗 Mixed Fruit Cup	5 Strawberry Yogurt Parfait 🥗 Egg & Cheese Bagel 🥯 Blueberry Yogurt Parfait 🥗 Mixed Fruit Cup
8 Strawberry Yogurt Parfait 🥗 Homemade French Toast 🥞 Blueberry Yogurt Parfait 🥗 Mixed Fruit Cup	9 Strawberry Yogurt Parfait 🥗 Oatmeal Blueberry Yogurt Parfait 🥗 Mixed Fruit Cup	10 Strawberry Yogurt Parfait 🥗 Pork Sausage, Egg & Cheese Bagel 🥯 Blueberry Yogurt Parfait 🥗 Mixed Fruit Cup	11 Strawberry Yogurt Parfait 🥗 Oatmeal Blueberry Yogurt Parfait 🥗 Mixed Fruit Cup	12 Strawberry Yogurt Parfait 🥗 Egg & Cheese Biscuit Blueberry Yogurt Parfait 🥗 Mixed Fruit Cup
15 Strawberry Yogurt Parfait 🥗 Homemade French Toast 🥞 Blueberry Yogurt Parfait 🥗 Mixed Fruit Cup	16 Strawberry Yogurt Parfait 🥗 Oatmeal Blueberry Yogurt Parfait 🥗 Mixed Fruit Cup	17 Pork Sausage, Egg & Cheese Bagel 🥯 Strawberry Yogurt Parfait 🥗 Blueberry Yogurt Parfait 🥗 Mixed Fruit Cup	18 Strawberry Yogurt Parfait 🥗 Oatmeal Blueberry Yogurt Parfait 🥗 Mixed Fruit Cup	19 Strawberry Yogurt Parfait 🥗 Egg & Cheese Biscuit Blueberry Yogurt Parfait 🥗 Mixed Fruit Cup
22 Strawberry Yogurt Parfait 🥗 Homemade French Toast 🥞 Blueberry Yogurt Parfait 🥗 Mixed Fruit Cup	23 Strawberry Yogurt Parfait 🥗 Oatmeal Blueberry Yogurt Parfait 🥗 Mixed Fruit Cup	24 Strawberry Yogurt Parfait 🥗 Pork Sausage, Egg & Cheese Bagel 🥯 Blueberry Yogurt Parfait 🥗 Mixed Fruit Cup	25 Strawberry Yogurt Parfait 🥗 Oatmeal Blueberry Yogurt Parfait 🥗 Mixed Fruit Cup	26 Strawberry Yogurt Parfait 🥗 Egg & Cheese Biscuit Blueberry Yogurt Parfait 🥗 Mixed Fruit Cup
29 Strawberry Yogurt Parfait 🥗 Homemade French Toast 🥞 Blueberry Yogurt Parfait 🥗 Mixed Fruit Cup	30			