

# Mustang Triathlon

## Sunday, May 5, 7:30am



7AM Check In/Transition Opens – MHS Outdoor Track

### Choose Your Distance:

**RACE A:** 100 yd swim/5 mile bike/1 mile run

**RACE B:** 250 yd swim/10 mile bike/2 mile run

**RACE C:** 500 yd swim/15 mile bike/3 mile run

**Wave Start:** Race C swims first followed by B then A

***RELAYS WELCOME***

**Fee:** MHS students and staff \$10; pay at the MHS bookstore.

Community members \$15; pay through MHS website/RevTrak (opens 4/1/19).

Register by April 27 to receive event t-shirt. Race day registrations do not include t-shirt. Must be age 12 and older to participate. This event is a fundraiser for the MHS Triathlon Club. Questions? Contact Nancy Toland, club sponsor, at [ntoland@d120.org](mailto:ntoland@d120.org)