

PROTECT YOUR COMMUNITY AGAINST MEASLES.



YOU CAN STOP THE SPREAD OF MEASLES.

Measles is very contagious.

Measles spreads when an infected person breathes, coughs, or sneezes. You can catch measles just by being in a room where a person with measles has been, up to two hours after they're gone.

Vaccines protect you, your family, and your neighbors.

Children 12 months and older (or 6 months and older if traveling internationally) are recommended to get the measles, mumps, and rubella (MMR) vaccine. Adults born in 1957 or later should get their MMR vaccine as soon as possible.

WHY SHOULD I GET VACCINATED?



The MMR vaccine is 97% effective against measles.



Once you get the MMR vaccine, you are protected for life.



The MMR vaccine protects you from serious complications, and even death.



Most insurance plans cover the cost of vaccines. Low-cost vaccines are also available.