

# Now Serving Lunch

# Mundelein High School

September 2021

Monday

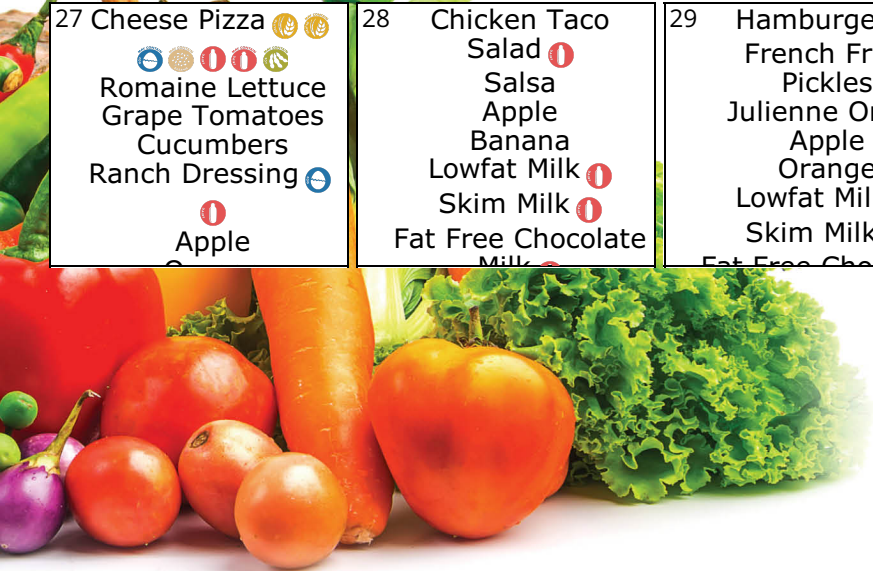
Tuesday

Wednesday

Thursday

Friday

		1 All Beef Hot Dog 🍔 Vegetarian Baked Beans Pickles Julienne Onion Apple Orange Lowfat Milk 🥛 Skim Milk 🥛	2 Chicken Tacos 🌮 Shredded Lettuce Salsa Apple Banana Lowfat Milk 🥛 Skim Milk 🥛 Fat Free Chocolate Milk 🥛	3 Quinoa Caprese Salad 🥗 Wheat Roll 🍞 Romaine Lettuce Grape Tomatoes Apple Orange Lowfat Milk 🥛 Skim Milk 🥛
6 Grilled Cheese Sandwich 🍷 French Fries 🍟 Broccoli Apple Orange Lowfat Milk 🥛 Skim Milk 🥛 Fat Free Chocolate Milk 🥛	7 Rotini Marinara & Meatballs 🍝 Romaine Lettuce Grape Tomatoes Apple Banana Lowfat Milk 🥛 Skim Milk 🥛 Fat Free Chocolate Milk 🥛	8 Turkey Chopped Salad 🥗 Wheat Roll 🍞 Apple Orange Lowfat Milk 🥛 Skim Milk 🥛 Fat Free Chocolate Milk 🥛	9 Beef Sliders 🍔 Pickles Julienne Onion Carrots Apple Banana Lowfat Milk 🥛 Skim Milk 🥛 Fat Free Chocolate Milk 🥛	10 Chicken Fajitas 🌮 Black Beans Apple Orange Lowfat Milk 🥛 Skim Milk 🥛 Fat Free Chocolate Milk 🥛
13 Chicken Chopped Salad 🥗 Wheat Roll 🍞 Ranch Dressing 🥗 Apple Orange Lowfat Milk 🥛	14 French Bread Cheese Pizza 🍕 Broccoli Cauliflower Apple Banana Lowfat Milk 🥛 Skim Milk 🥛	15 Chicken Burrito Bowl 🌯 Steamed Corn Apple Orange Lowfat Milk 🥛 Skim Milk 🥛 Fat Free Chocolate Milk 🥛	16 Mini Chicken Corn Dogs 🌭 French Fries 🍟 Carrots Apple Banana Lowfat Milk 🥛 Skim Milk 🥛 Fat Free Chocolate Milk 🥛	17 Beef Tacos 🌮 Shredded Lettuce Salsa Apple Orange Lowfat Milk 🥛 Skim Milk 🥛 Fat Free Chocolate Milk 🥛
20 Cheese Ravioli Marinara 🍝 Garlic Breadstick 🍞 Broccoli Apple Orange Lowfat Milk 🥛 Skim Milk 🥛	21 Cheesy Meatball Sub 🍝 Romaine Lettuce Grape Tomatoes Apple Banana Lowfat Milk 🥛 Skim Milk 🥛 Fat Free Chocolate Milk 🥛	22 BBQ Ribette Sandwich 🍔 Vegetarian Baked Beans Carrots Apple Orange Lowfat Milk 🥛 Skim Milk 🥛	23 Cheesy Beef Nachos 🌮 Jalapeno Peppers Salsa Shredded Lettuce Apple Banana Lowfat Milk 🥛 Skim Milk 🥛	24 Chicken Philly Wrap 🌯 French Fries 🍟 Apple Orange Lowfat Milk 🥛 Skim Milk 🥛 Fat Free Chocolate Milk 🥛
27 Cheese Pizza 🍕 Romaine Lettuce Grape Tomatoes Cucumbers Ranch Dressing 🥗 Apple	28 Chicken Taco Salad 🥗 Salsa Apple Banana Lowfat Milk 🥛 Skim Milk 🥛 Fat Free Chocolate Milk 🥛	29 Hamburger 🍔 French Fries 🍟 Pickles Julienne Onion Apple Orange Lowfat Milk 🥛 Skim Milk 🥛 Fat Free Chocolate Milk 🥛	30 Chicken Quesadilla 🌮 Black Beans Salsa Apple Banana Lowfat Milk 🥛 Skim Milk 🥛 Fat Free Chocolate Milk 🥛	



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