

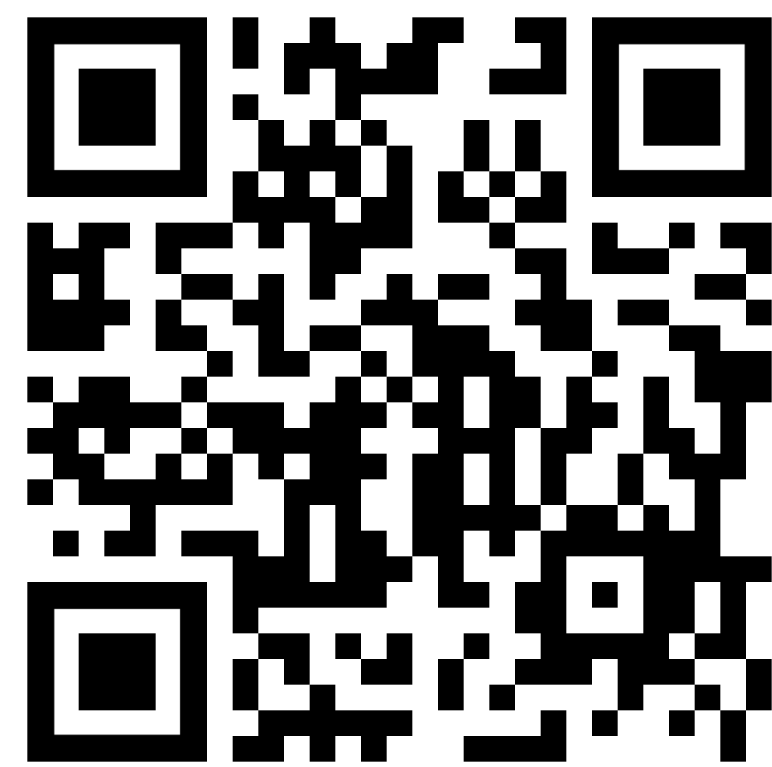
# WELLNESS WORKSHOPS

## MARCH

**Tobias the  
Therapy Dog  
3/7  
Per 1-3**



**Stand Up  
3/11  
Per 7**



**Seasons of  
Grief  
3/13  
Per 2**



**Grow Your  
Confidence  
3/21  
Per 3**

