



MHS Health Requirements – 9th Grade

1. A student's parent(s)/guardian(s) shall present proof that the student received a health examination, with proof of the immunizations against, and screenings for, preventable communicable diseases, as required by the Illinois Department of Public Health, within one year prior to the first school day of ninth grade. An appointment card or fax *from* the doctor's office confirming an upcoming appointment **after** the start of school will be accepted (fax # 847-949-4756). Please remember to fill out the history portion of the physical including your signature. It is highly recommended you keep a copy of all school health forms at home for your records as well.
2. A sports physical cannot be accepted for the 9th grade state health requirements, but the State of Illinois Certificate of Child Health form does fully suffice for interscholastic sport participation.
3. If the nursing office does not receive a completed physical and vaccination record **by the Wednesday after Labor Day - 9/4/2019**, your student will be excluded from school until the required forms are turned in. (May use the Nurse's direct fax number: 847-388-4803)
4. Please use the following ways to communicate to the school nurse if your student has a health concern, such as a severe allergy, diabetes, a seizure disorder, asthma or any other -
 - Health history portion of the school physical form
 - The on-line registration will provide downloadable Health Action Forms for you to fill out and submit to the MHS school nurse
 - Emergency Action Plans are also found on the MHS website under Resources-Campus Life. Please fill out the appropriate form to submit to the school nurse.
 - Call the school nurse by phone at 847-949-2200, extension 1395 before the end of May or in the week before school begins in the fall.
5. Eye Examination – It is highly *recommended* that each incoming 9th grader have an eye exam. The eye exam form is available on the Mundelein High School website.
6. Students are not to carry medication with them **except** for rescue medications such as diabetic supplies or epinephrine and rescue inhalers. These and all medications must have a Medication Authorization form filled out and signed by the parent and the physician, Physician's Assistant or Advanced Practice Nurse.
7. If your student is not feeling well and feels the need to go home, they must come to the nursing office for a health assessment. At that time a parent or Guardian will be contacted. If your student sends you a text indicating they don't feel well, please redirect him or her to ask the teacher for a pass to the nurse. Following this procedure promotes safety and less confusion.

Health forms can be found on the MHS website, www.d120.org, under Resources, then Campus Life.

Health Office Staff